Chili Garlic Chicken Skewers with Yogurt Sauce By Doug Keiles, Ribs Within BBQ

Ingredients:

1 pound boneless, skinless chicken breasts, cut into chunks

1 tablespoon olive oil

2 tablespoon honey

3 tablespoons chili garlic paste

1/2 teaspoon Ribs Within Hot Salt

OR

1/4 teaspoon Salt 1/4 teaspoon pepper

2 tablespoons olive oil lime wedges for serving

yogurt sauce

1 cup plain greek yogurt

2 tablespoons olive oil

2 tablespoons snipped chives

1 tablespoon honey

1 lime, juiced

1/4 teaspoon salt

1/4 teaspoon pepper

OPTIONAL

1/4 teaspoon Ribs Within Hot Salt for kick

And/Or one shake of Sriracha

directions:

Add the chicken pieces to a baking dish or large resealable plastic bag. In a bowl, whisk together the oil, honey, garlic paste, and Hot Salt until combined. Pour it over the chicken and mix until all of the chicken is covered. Place in the fridge and marinate for at least 2 hours or even overnight.

Soak a few bamboo skewers in water. Skewer 4 to 5 chicken pieces on each skewer. Heat your grill to medium-high heat and add the olive oil (not if using the grill). Add the chicken skewers and cook on each side for 4 to 5 minutes, until cooked through. Serve immediately with the yogurt sauce and extra lime wedges.

vogurt sauce

Whisk all ingredients together in a bowl until creamy and combined.